

**BREAKFAST**



# SEPTEMBER 2021

## Elementary

**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Labor Day** **6**

322 Blueberry Muffin **7**  
 753 Orange Juice  
 690 Apple crisps  
  
 Pre-K: 339 Orange Cranberry Muffin

369 Pillsbury Berry Blast Mini French Toast **8**  
 750 Apple Juice  
 659 Watermelon Craisins  
  
 Pre-K: 331 Corn Muffin

323 Apple Cinnamon Muffin **9**  
 749 Apple-Cherry Juice  
 645 Dole Pineapple Cup  
  
 Pre-K: 349 Corn Chex

334 Cinnamon Toast Crunch Cereal **10**  
 748 Grape Juice  
 684 Mixed Berry Applesauce  
  
 Pre-K: 332 Apple Cinnamon Muffin

328 Chocolate Chip Muffin **13**  
 749 Apple-Cherry Juice  
 647 Dole Mandarin Orange Cup  
 Pre-K: 345 Honey Scooters Cereal

327 Pillsbury Maple Mini Waffles **14**  
 750 Apple Juice  
 645 Dole Pineapple Cup  
  
 Pre-K: 335 Banana Muffin

319 Orange Cranberry Muffin **15**  
 752 Fruit Punch Juice  
 659 Watermelon Craisins  
  
 Pre-K: 343 Rice Chex

325 Cinnamon Chex Cup **16**  
 748 Grape Juice  
 684 Mixed Berry Applesauce  
  
 Pre-K: 366 Blueberry Bagel

329 Trix Cereal Bar **17**  
 753 Orange Juice  
 691 Strawberry Apple Crisps  
  
 Pre-K: 331 Corn Muffin

323 Apple Cinnamon Muffin **20**  
 752 Fruit Punch Juice  
 608 Dole Tropical Fruit Cup  
  
 Pre-K: 342 Cheerios

369 Pillsbury Berry Blast Mini French Toast **21**  
 753 Orange Juice  
 658 Cherry Craisins  
  
 Pre-K: 339 Orange Cranberry Muffin

334 Cinnamon Toast Crunch Cereal **22**  
 749 Apple-Cherry Juice  
 690 Apple Crisps  
  
 Pre-K: 367 Cinnamon Raisin Bagel

321 Banana Muffin **23**  
 750 Apple Juice  
 691 Strawberry Apple Crisps  
  
 Pre-K: 330 Blueberry Muffin

329 Trix Cereal Bar **24**  
 748 Grape Juice  
 659 Watermelon Craisins  
  
 Pre-K: 347 Cinnamon Chex Cereal

325 Cinnamon Chex Cup **27**  
 753 Orange Juice  
 658 Cherry Craisins  
  
 Pre-K: 367 Cinnamon Raisin Bagel

328 Chocolate Chip Muffin **28**  
 749 Apple-Cherry Juice  
 684 Mixed Berry Applesauce  
  
 Pre-K: 346 Cinnamon Toast Crunch Cereal

366 Blueberry Bagel **29**  
 752 Fruit Punch Juice  
 659 Watermelon Craisins  
  
 Pre-K: 335 Banana Muffin

333 Blueberry Chex Cereal **30**  
 748 Grape Juice  
 645 Dole Pineapple Cup  
  
 Pre-K: 341 Honey Bunches of Oats Cereal

358 Kellogg's Frosted Flakes **1**  
 750 Apple Juice  
 690 Apple Crisps  
  
 Pre-K: 331 Corn Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.