



SEPTEMBER 2021

“Stay fun, Stay fresh, Stay festive, Eat healthy”-
From Mother of Providence

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Labor Day 6	221 Two Cheese Chicken Quesadilla 7 639 Corn 633 Sunset Sip Vegetable Juice 659 Watermelon Craisins	253 Hot Dog with French Fries 8 603 Maple Baked Beans 645 Dole Pineapple Cup 906 Hot Dog Bun	205 Popcorn Chicken 9 633 Sunset Sip Vegetable Juice 611 Bagged Baby Carrots 752 Fruit Punch Juice 990 Chocolate Chip Cookie	271 Spaghetti & Meatballs 10 684 Mixed Berry Applesauce 909 Dinner Roll
255 Cheese Stuffed Breadsticks 13 622 Marinara Sauce 633 Sunset Sip Vegetable Juice 685 Rosati Water Ice	234 Chicken Tenders with Potato Wedges 14 623 Broccoli 690 Apple Crisps 932 Cinnamon Scooby Snacks	201 Cheeseburger 15 634 Hash Browns 635 Calypso Crush Vegetable Juice 647 Dole Mandarin Orange Cup 915 Hamburger Bun	263 5" Round Cheese Pizza 16 708 Romaine Salad with Spinach & Chickpeas 752 Fruit Punch Juice	251 Chicken Nuggets 17 611 Bagged Baby Carrots 541 Chocolate Hummus 609 Dole Mixed Fruit Cup
253 Hot Dog with French Fries 20 603 Maple Baked Beans 658 Cherry Craisins 906 Hot Dog Bun	223 Veggie Pinwheel 21 611 Bagged Baby Carrots 633 Sunset Sip Vegetable Juice 691 Strawberry Apple Crisps	274 Curly Cheesy Lasagna 22 750 Apple Juice 908 Dinner Roll	205 Popcorn Chicken 23 704 French Fries 752 Fruit Punch Juice 992 Oatmeal Cookie	275 BBQ Chicken Filet 24 706 Romaine Salad with Cherry Tomatoes 684 Mixed Berry Applesauce 915 Hamburger Bun
269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 27 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 645 Dole Pineapple Cup 992 Oatmeal Cookie	211 Sloppy Joe 28 624 Garlic Green Beans 749 Apple-Cherry Juice 915 Hamburger Bun	215 Beef & Cheese Taco 29 620 Salsa 639 Corn 659 Watermelon Craisins 941 Tostitos Scoops	255 Cheese Stuffed Breadsticks 30 622 Marinara Sauce 631 Cherry Star Vegetable Juice 694 Kiwi Strawberry Sidekick	200 Hamburger 1 708 Romaine Salad with Spinach & Chickpeas 752 Fruit Punch Juice 915 Hamburger Bun

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.