

BREAKFAST



OCTOBER 2021
Elementary

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday

Tuesday

Wednesday

Thursday

Friday



323 Apple Cinnamon Muffin **4**
752 Fruit Punch Juice
608 Dole Tropical Fruit Cup

Pre-K: 349 Corn Chex

369 Pillsbury Berry Blast Mini French Toast **5**
753 Orange Juice
658 Cherry Craisins

Pre-K: 339 Orange Cranberry Muffin

334 Cinnamon Toast Crunch Cereal **6**
749 Apple-Cherry Juice
645 Dole Pineapple Cup

Pre-K: 331 Corn Muffin

313 Rebel Apple Delight Crumble **7**
750 Apple Juice
691 Strawberry Apple Crisps

Pre-K: 346 Cinnamon Toast Crunch

329 Trix Cereal Bar **8**
748 Grape Juice
684 Mixed Berry Applesauce

Pre-K: 332 Apple Cinnamon Muffin

325 Cinnamon Chex Cup **11**
753 Orange Juice
608 Dole Tropical Fruit Cup

Pre-K: 345 Honey Scooters

328 Chocolate Chip Muffin **12**
749 Apple-Cherry Juice
684 Mixed Berry Applesauce

Pre-K: 335 Banana Muffin

366 Blueberry Bagel **13**
752 Fruit Punch Juice
659 Watermelon Craisins

Pre-K: 343 Rice Chex

333 Blueberry Chex Cereal **14**
748 Grape Juice
684 Mixed Berry Applesauce

Pre-K: 366 Blueberry Bagel

319 Orange Cranberry Muffin **15**
750 Apple Juice
690 Apple Crisps

Pre-K: 331 Corn Muffin

359 Honey Scooters Cereal **18**
752 Fruit Punch Juice
609 Dole Mixed Fruit Cup

Pre-K: 342 Cheerios

322 Blueberry Muffin **19**
753 Orange Juice
690 Apple Crisps

Pre-K: 339 Orange Cranberry Muffin

369 Pillsbury Berry Blast Mini French Toast **20**
750 Apple Juice
659 Watermelon Craisins

Pre-K: 331 Corn Muffin

323 Apple Cinnamon Muffin **21**
749 Apple-Cherry Juice
645 Dole Pineapple Cup

Pre-K: 330 Blueberry Muffin

334 Cinnamon Toast Crunch Cereal **22**
748 Grape Juice
684 Mixed Berry Applesauce

Pre-K: 347 Cinnamon Chex

328 Chocolate Chip Muffin **25**
749 Apple-Cherry Juice
647 Dole Mandarin Orange Cup

Pre-K: 367 Cinnamon Raisin Bagel

327 Pillsbury Maple Mini Waffles **26**
750 Apple Juice
645 Dole Pineapple Cup

Pre-K: 346 Cinnamon Toast Crunch

319 Orange Cranberry Muffin **27**
752 Fruit Punch Juice
659 Watermelon Craisins

Pre-K: 335 Banana Muffin

359 Honey Scooters Cereal **28**
748 Grape Juice
684 Mixed Berry Applesauce

Pre-K: 341 Honey Bunches of Oats Cereal

329 Trix Cereal Bar **29**
753 Orange Juice
691 Strawberry Apple Crisps

Pre-K: 331 Corn Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.